



Cuyahoga Valley National Park Association

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For Immediate Release
March 1, 2007

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Women of the Wilderness Weekend Teaches Outdoor Living Skills

Peninsula, Ohio – Cuyahoga Valley National Park Association (CVNPA) will be hosting the first *Women of the Wilderness* weekend geared toward teaching women some of the basics of outdoor living or giving them the opportunity to brush up on skills they may already have. The weekend will be held in the scenic Cuyahoga Valley Environmental Education Center, giving participants the opportunity to enjoy the natural beauty of Cuyahoga Valley National Park.

Sessions include learning how to prepare for a hike or camping trip; how to cook over a campfire; recognizing edible plants; and using a GPS unit for orienteering, the practice of using maps to plan a travel route.

When:	March 23 through March 25 Check-in begins March 23 at 6:00 p.m.
Where:	Cuyahoga Valley Environmental Education Center 3675 Oak Hill Rd. Peninsula, OH
Fee:	\$165 for Non-Members \$ 135 for CVNPA Members One night only: \$100 for Non-Members One night only: \$75 for CVNPA Members

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